



Groote
Schuur
Hospital
Trust

FROM INCEPTION TO IMPACT:

Reporting on the First Three Years
(2021-2024)



TABLE OF CONTENTS



4	LETTER FROM THE CHAIRPERSON
5	LETTER FROM THE EXECUTIVE DIRECTOR
6	GROOTE SCHUUR HOSPITAL TRUST VALUES
7	ORGANISATIONAL STRUCTURE
8	TIMELINE
10	OUR JOURNEY
12	OUR IMPACT
15	FUNDING PARTNERS
16	FINANCIALS
18	GROOTE SCHUUR HOSPITAL FIRSTS

LETTER FROM THE CHAIRPERSON

It is with great pride and gratitude that we present the “First Three Years of the Grootes Schuur Hospital Trust (GSH Trust)” and share our remarkable journey in pioneering world-class healthcare for all, made possible through your invaluable support and generosity.

Over these three years, we have remained steadfast in our commitment to our Vision: “Pioneering world-class healthcare for all.” Your contributions have enabled us to embark on ground breaking projects and innovations that were once unattainable due to constrained government healthcare budgets. Through your unwavering commitment to our mission, we have been able to push the boundaries of medical possibilities, providing comprehensive healthcare solutions that positively impact and transform the lives of our patients.

With your support, we have upheld the value of excellence in medical care, continuously striving to enhance the quality of our services. We have invested in the continuous training of our dedicated staff, enabled over 2800 catch-up surgeries, rolled out new medical interventions, and are in the process of upgrading numerous areas of the hospital to ensure that our patients receive the best possible experience. Additionally, your contributions have fostered a culture of innovation at GSH, empowering our medical professionals to pioneer new approaches to patient care and medical solutions.

Your generosity has also extended our reach into the communities we serve. Through partnerships and initiatives, we have made a significant community impact, promoting wellness and addressing health disparities. The value of compassion remains at the core of our healthcare approach, as we treat each patient with the utmost care, respect, and empathy.

Lastly, we extend our heartfelt gratitude for your collaboration, as we believe that together, we can create a united front to address healthcare challenges effectively. Your partnership has been instrumental in driving positive change and making world-class healthcare accessible to all, breaking barriers and impacting the well-being of countless individuals and communities.

As we reflect on our first three years, we celebrate the transformative power of your support and the collective efforts of the GSH Trust (GSHT). Your contributions have been the driving force behind our success, and we remain steadfast in our commitment to realising our Vision. We are eager to continue this remarkable journey, pioneering world-class healthcare for all, and we wholeheartedly invite you to be an integral part of our ongoing mission.

Thank you for standing with us in making a lasting impact on the lives of so many.

Sincerely,



Mustaq Brey, Chairperson, GSH Trust



LETTER FROM THE EXECUTIVE DIRECTOR

Creating and operationalising a Hospital Trust at one of the biggest tertiary-level, academic, public hospitals in Cape Town, amidst the challenges of the COVID pandemic, required resilience and determination. From the organisational setup of the GSH Trust, to building our identity and branding, our supporter database, and securing our first strategic funding partners for our priority projects, none of our accomplishments would have been possible without the unflappable support of my Board of Trustees, GSH Executive Management and Hospital Facility Board, and most importantly, you - our steadfast supporters.

Despite being operational for only 3 years, the impact we have created and the funds raised are nothing short of remarkable. In January 2022, we launched our first campaign, the Surgical Recovery project, aiming to prioritize thousands of delayed surgeries due to the pandemic. Through your support, we not only achieved our target of 1500 catch-up surgeries in Year One but have already completed 2800 operations as of end of January 2024. The difference made in the lives of our patients, their families, and communities has been immeasurable, and we owe this success to hundreds of supporters, including major funding partners Gift of the Givers and Provincial Government.

Thanks to a 3-year grant from the Harry Crossley Foundation, our Diabetes Centre has made significant strides in training and upskilling healthcare workers across the Western Cape in basic and advanced diabetes care. Hundreds of healthcare workers and thousands of patients have benefited from this project.

Our commitment to community support and engagement remains steadfast. Sporting groups like Hike to Heal and Wheel to Heal, along with runners and cyclists who joined our GSH Team in crowdfunding at various events, have collectively raised over R 2 million for our Surgical Recovery and Oncology projects. This support has been invaluable in furthering our mission. As we look to the future, women and adolescent health have been identified as priority impact areas for the hospital. We are focused on addressing gender based violence

(GBV), upgrading our Maternity Centre’s kangaroo mother care (KMC) rooms, our gynaecology casualty rooms, among other initiatives. The invaluable contributions from Standard Bank, Trusts, Foundations, and individuals have made these critical projects possible.

Sustainability is at the forefront of our minds. In 2023, we have focused on building a strong Planned Giving/Legacy programme, launching the ‘Dedicate a Bench’ campaign and rolling out our Wills & Bequests programme. With your continued support, we aim to future-proof the work of the Trust through Endowment building.

Our achievements thus far have been made possible through your unwavering dedication and belief in our vision. We stand indebted to you, our esteemed donors, for your continued support in shaping a healthier, brighter future for all at GSH.

With heartfelt appreciation,



Kristy Evans, Executive Director, GSH Trust





GROOTE SCHUUR HOSPITAL TRUST VALUES

Vision

**Pioneering
world-class
healthcare for all.**

Mission

By enabling projects, equipment and innovations that are unattainable at GSH due to ever-constrained government healthcare budgets, we push the boundaries of the otherwise impossible to ensure comprehensive healthcare solutions that positively impact and transform our patients' lives. Our goal is to ensure that world-class healthcare becomes accessible to all, breaking barriers and making a meaningful difference in the well-being of individuals and communities.

Values

COMMUNITY IMPACT

Recognizing our responsibility towards the communities that GSH serves, we actively engage in partnerships and initiatives to promote wellness, address health disparities, and make a positive impact on the well-being of individuals and communities.

INNOVATION

As pioneers in healthcare, we embrace the legacy of innovation at GSH, fostering an environment that encourages and supports innovative approaches to medical solutions and patient care.

COMPASSION

Rooted in compassion and empathy, our approach to healthcare emphasizes treating each patient as an individual, understanding their unique needs, fears, and aspirations, and providing care with dignity and respect.

COLLABORATION

We foster a culture of collaboration, both within our organisation and with external stakeholders. By working closely with GSH medical professionals, institutions, government bodies and NGO partners, we aim to create a united front in addressing healthcare challenges and improving patient outcomes.

EXCELLENCE

Upholding the highest standards of excellence, we continuously enhance the quality of medical care at GSH through continuous training and investment in our hospital and staff, aiming to offer the best possible outcomes for our patients.

ORGANISATIONAL STRUCTURE

Board of Trustees



Mustaq Brey
Chairperson



Dr Bhavna Patel
Ex Officio Trustee



Dr Zameer Brey
Trustee



Dr Michael Mol
Trustee



Dr Leshni Shah
Trustee



Dr Jesse Werner
Trustee

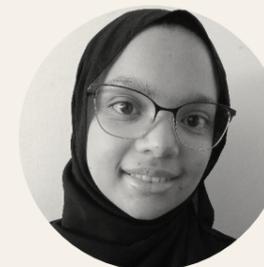


Vuyisa Qabaka
Trustee

Staff



Kristy Evans
Executive Director



Maymoonah Abrahams
Fundraising & Marketing
Coordinator



Constance Matlholwa
Project Coordinator

TIMELINE



New Trustees Onboarded

2020

January

First fundraising campaign launch for Surgical Recovery project

March

Hike to Heal group dedicates their Otter Trail hike to Surgical Recovery project raising close to R1 million

April

Second employee hired, and GSHT offices opened

May

Surgical Recovery project starts

October

First crowdfunding event - CT marathon (75 runners)

November

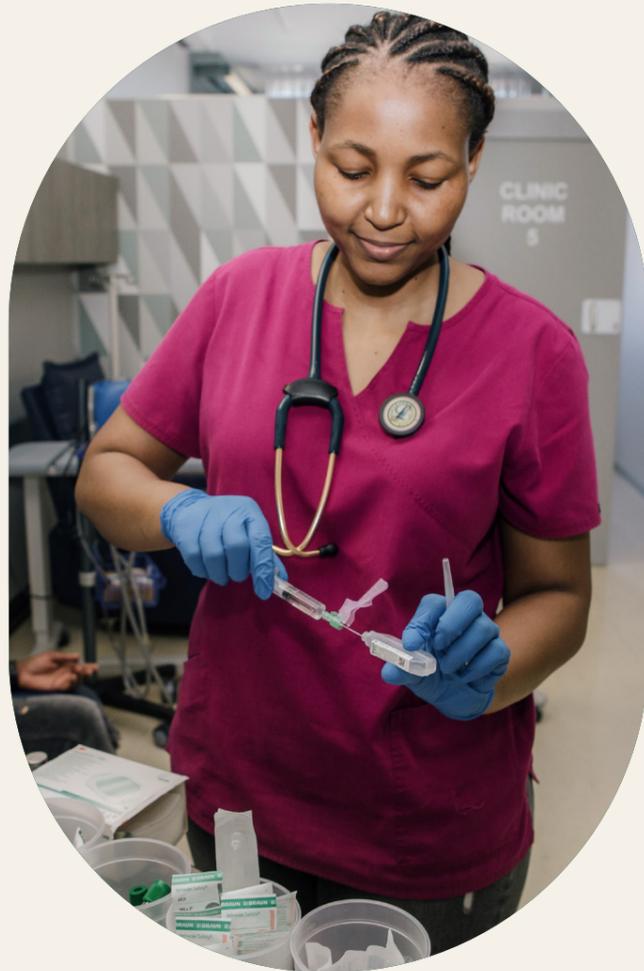
Pilot GBV Screening Intervention



2022

2014

Trust is Established



2021

February

Operationalising of the GSH Trust

November

Digital launch (website/donation platform/social media)

December

First two strategic funding partner secured - Gift of the Givers and The Harry Crossley Foundation



2023

January

Standard Bank confirms funding for GBV Screening Intervention rollout

February

Wheel to Heal confirms R1 million donation to Oncology department; Diabetes Centre trains close to 600 healthcare workers in two years

March

1500 catch-up operations reached - ahead of one year target! Second crowdfunding event - CT Cycle Tour - 30 cyclists

April

Third crowdfunding event - Two Oceans Marathon - 87 runners

June

GBV Screening Intervention launched with 8 new project employees; fourth crowdfunding event - Comrades Marathon - 18 runners

October

Fifth crowdfunding event - Sanlam CT marathon - 22 runners

December

First GSHT event: The First of Many; upgrades/renovations of C24 casualty department, 2 social worker rooms and 3 kangaroo mother care rooms



OUR JOURNEY

Creation of a Sustainable Organisation

Established finance, HR, governance and compliance policies, branding and marketing, philanthropic giving systems, and programs to ensure a solid foundation for implementation of impactful healthcare initiatives at GSH.

Securing of Critical Funding Partners

Ensured successful grant acquisition from the Harry Crossley Foundation for the Diabetes Centre, Gift of the Givers and Hike to Heal community group for Surgical Recovery, Standard Bank for GBV screening, and Wheel to Heal for the Oncology department renovations, as well as hundreds of donations from individuals and businesses exemplifies our ability to enable projects and innovations otherwise unattainable due to constrained budgets.

Success of Priority Projects

- Surgical Recovery Project - 2800 catch-up operations completed (as of end of January 2024)
- Diabetes Centre - close to 500 health care workers trained in basic and advanced diabetes care
- GBV intervention - 8000 women patients screened for violence at home with support and referrals as needed. Over 260 health care workers training in GBV detection and referral support
- Refurbishments for Kangaroo Mother Care rooms, Oncology department chemotherapy room upgrades and Gynaecology casualty all underway

Crowdfunding for Impact

Through public fundraising events and crowdfunding, GSH Trust involved the community and displayed its collaborative approach, raising over R400,000 from events such as Sanlam Marathon, CT Cycle Tour, Two Oceans Marathon, and the Comrades Marathon in 2022/2023.



Fostering of Strategic Partnerships

Created and maintained critical partnerships and collaborations with numerous Corporates, NGOs and stakeholders such as: Adidas, Everseason, FCB, Hike2Heal, Kolisi Foundation, MOSAIC, Nahana Foundation, Seattle Coffee, Wheel to Heal and so many more.



Enhanced Profile and Media Recognition

Demonstrating collaboration, GSH Trust garnered community involvement with groups like Wheel to Heal Cycle and Hike to Heal, while securing extensive media coverage, thereby expanding our reach and impact as well as the Hospital profile.

Exponential Growth in Donor Engagement

GSH Trust's exponential growth in social media channels and donor database exhibited their ability to connect with supporters and demonstrate compassion to an ever-increasing audience.

Acquisition of Talent

By hiring dedicated employees including an Executive Director, a Fundraising & Marketing Coordinator, our first Project Coordinator, and healthcare practitioners, GSH Trust upheld its value of excellence, ensuring a skilled team capable of driving impactful projects.

OUR IMPACT



Gender Based Violence Screening Intervention

In South Africa, one-third of women and girls 15 years and older have experienced physical or sexual intimate partner violence. Although it is more common than HIV or breast cancer, intimate partner violence is not well understood – even by those working in healthcare. Providers generally lack a clear understanding of the condition and how to detect it. Screening for intimate partner violence is also far from routine. Most medical and nursing schools are not adequately preparing students to identify and manage intimate partner violence.

The GSHT is tackling this gap by universally screening patients across the hospital and training healthcare practitioners so that they are well-prepared to identify intimate partner violence and support those women who are at high risk or experiencing it.

In pilot phase 1, between 25 November and 10 December 2022,

the country's 16 Days of Activism, Groote Schuur Hospital screened every pregnant woman attending its antenatal clinics. During this first phase, some 305 pregnant women were screened and 10% were referred for support.

In pilot phase 2, the screening and referral intervention was rolled out to maternity, gynaecology and trauma services in June 2023. The GSHT hired 9 new staff members – including a project coordinator, 5 screening nurses and 3 social workers. As of mid-February 2024, almost 8000 women patients have been screened for violence at home – of which 13.5% are experiencing violence. 40% of the patients experiencing violence opt-in for onsite counselling services – and half of those survivors are referred to external NGO stakeholders for ongoing support.

Nakita Verkijk

Nakita is a Genetic Counsellor at GSH, who attended the GBV detection and referral pathway training on Tuesday, 3rd October 2023. She chose to attend the voluntary healthcare worker training as she highlighted that she often encounters patients experiencing violence at home and hoped to gain more skills in this area. Nakita explained that “the training provided valuable information about the GBV screening intervention and tool, and the support available for our patients affected by GBV at the

hospital. Having all of the resources explained in one setting and learning about community based organisations that provide services for GBV survivors, was invaluable.” She found the training very valuable and recommended it for all patient-facing staff at GSH. “Understanding how to identify GBV, how to talk to our patients about the violence they are experiencing, and having the confidence to know that we have the correct information to offer them help is a deep relief.”



“The training provided valuable information about the GBV screening intervention and tool, and the support available for our patients affected by GBV at the hospital.”

– Nakita Verkijk



Diabetes Centre – Training and Education

At least 4.2 million South Africans live with diabetes – the highest prevalence in Africa. For many, it's poorly controlled, putting them at risk of developing complications – all of which are preventable. These complications include blindness, kidney failure, stroke, cardiovascular disease and amputations. In recent years, diabetes was the second leading underlying cause of death in the country.

In 2021, Groote Schuur Hospital launched its Diabetes Centre. It is the first public healthcare centre in Africa to offer people living with diabetes access to all members of their multi-disciplinary team under one roof and at one appointment. It provides a range of services, clinics, education, training, research

and outreach. The Diabetes Centre will act as a fulcrum for building a hub of excellence for diabetes-related primary care in the Western Cape. Adding a foot care unit will help reduce the need for amputations and their huge human and economic costs.

Thanks to a three-year grant from the Harry Crossley Foundation in 2022, the Diabetes Centre has been able to train over 600 healthcare workers in the last two years, throughout the Western Cape in basic and advanced diabetes care. As each healthcare worker interacts with thousands of patients each year – the impact of this upskilling is immense in patient care and the fight against diabetes.

Sister Nell

Sister Nell is an operational manager at GSH Maxillo-Facial, Oral and Dental Department. She attended one of the four-day advanced diabetes training programs offered by the Diabetes Centre at GSH. As 25% of patients who attended GSH at any one time suffer from diabetes, she explains that this course is vital for all healthcare workers to attend. She explains that “the course provided a realistic and relatable understanding of a balanced lifestyle and the effects of food on the body.” It allowed her to become more aware of her own eating habits, and is now able to promote

a balanced diet at home and at the hospital to her staff and patients. She understands the signs and symptoms of diabetes and what to do, should she encounter this in one of her patients. Sister Nell highly recommends the course to healthcare professionals and believes it should be accessible to non-healthcare individuals as well, considering the burden of diabetes in South Africa as a whole.



OUR IMPACT CONT.

Surgical Recovery Project



When COVID-19 hit, resources at hospitals across the world were re-directed away from other needs towards addressing the crisis. Elective surgical care ground almost to a halt, creating a massive backlog of surgeries that is now taking years to clear.

Tragically, surgeries that might not have been urgent in 2020 have become more and more so. Thousands of patients are waiting for surgeries that will alleviate chronic pain, prevent blindness and remove cancer – among other things. While they wait, they suffer; some deteriorate beyond help or die.

Elective surgical care is a crucial and scarce resource in the public sector. GSH wanted to scale up our service to help clear the backlog and perform life-changing surgeries. To do this, we harnessed the hospital's refurbished Day Surgery Suite (E4), which was designed to accommodate additional surgical slates pre-COVID

but wasn't commissioned due to the pandemic.

This project began performing surgeries in May 2022. As of the beginning of February 2024, thanks to generous donations from our major funding partner, Gift of the Givers, and hundreds of individuals and businesses, we have funded and enabled over 2800 additional elective surgeries on top of the usual number of operations completed annually.



Phumza Nkwenkwezi



Phumza witnessed her confident son Azola suffer a life-altering accident that resulted in the loss of his bottom lip. After years of suffering with the consequences of the accident and his self-esteem slipping away, Azola received reconstructive surgery at GSH through the Surgical Recovery project. Despite initial fears, the surgery was successful, and Azola regained his confidence and his beautiful smile. Phumza shares

that "she has been with her son since day one and the surgery changed his life." Phumza got her son back. This remarkable story reminds us that the health of one family member affects the entire household ecosystem. It also highlights the impact that surgical interventions can have on restoring the human spirit, livelihoods and family systems.

FUNDING PARTNERS

685 individual donations have been received in the 2022 & 2023 financial years.

Business donations

- Africape Energy PE Depot (Pty) Ltd
- Augustine Medical South Africa (Pty) Ltd
- Cancercare
- Damen Shipyards Cape Town (Pty) Ltd
- Divine Inspiration Trading 205 (Pty) Ltd
- Gatti Ice Cream
- L & Z Auto Centre
- Leatt Corporation
- Lynamic (Pty) Ltd
- M.J. Minter Inc.
- Primetek Products
- Ryan's Autobody Repairs
- SafMed (Pty) Ltd
- Standard Bank

In kind donations

- Adidas
- Everseason
- PNA
- Seattle Coffee Company

Strategic Partnerships

- FCB
- GivenGain Foundation
- Kolisi Foundation
- MOSAIC
- Nahana Foundation

Trusts/Foundation

- Benevity
- The Harry Crossley Foundation
- Gift of the Givers Foundation
- The Imtiaaz Hashim Family Trust
- Isidore, Theresa & Ronald Cohen Charitable Trust
- Mauerberger Foundation Fund
- The Mushaky Family Trust
- SAB&T Foundation
- Westminster Foundation
- Wilfred & Fay Back Charitable Trust

Community groups

- Hike2Heal
- Wheel to Heal



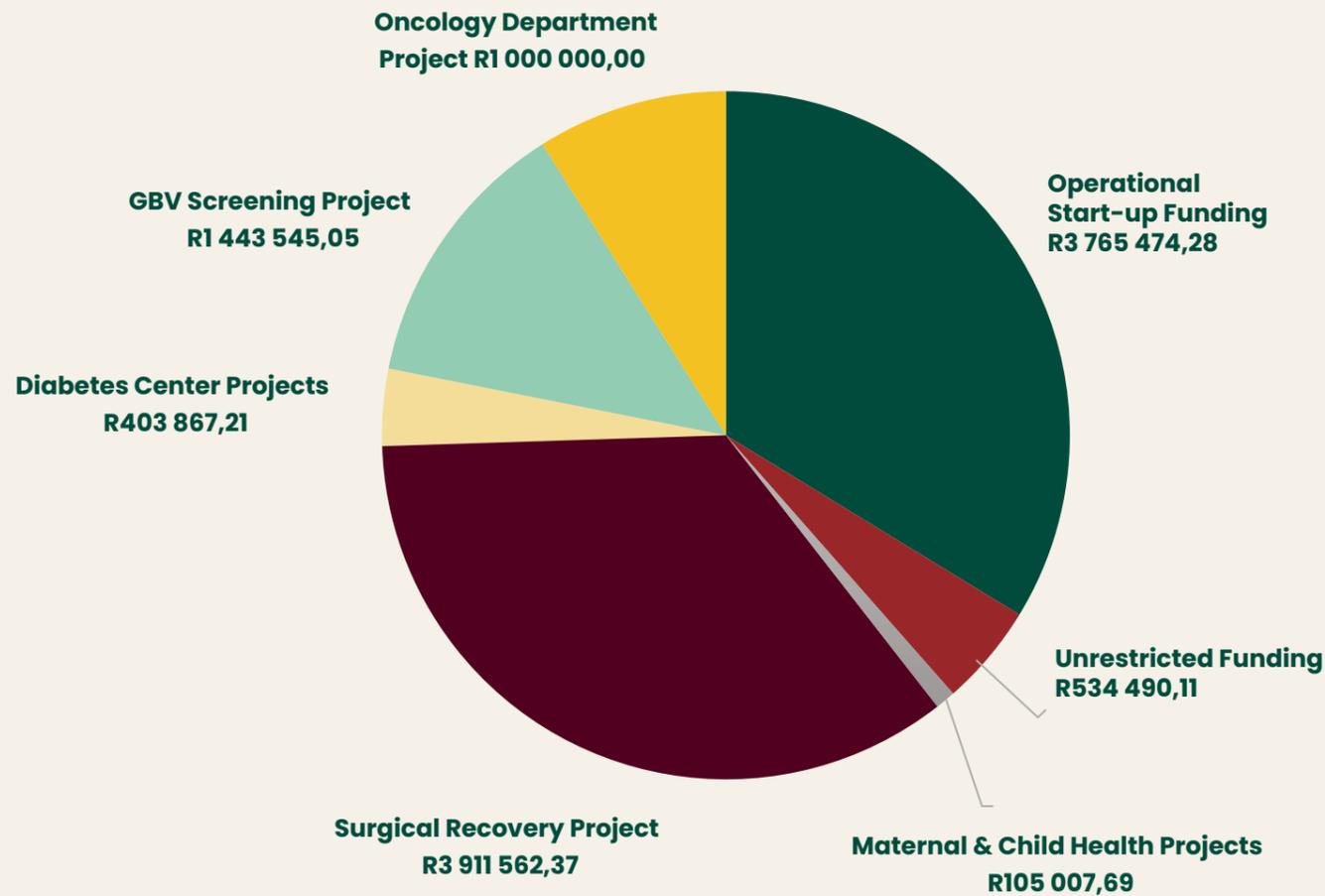


FINANCIALS

Income

Year One & Two (2021-2023)

R11 163 946,71

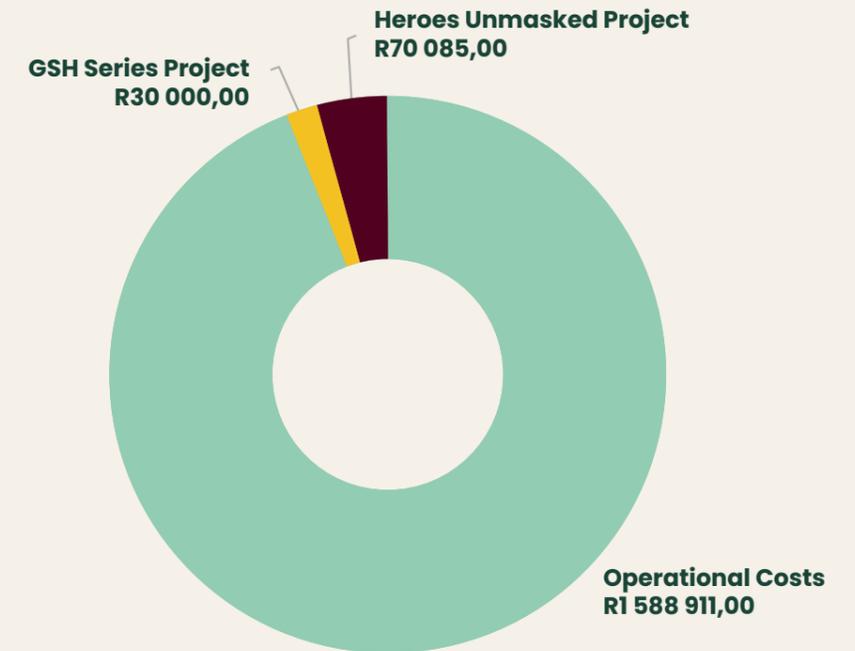


*Note only 2022 and 2023 Financial years are available to report on as of beginning of 2024.

Expenses

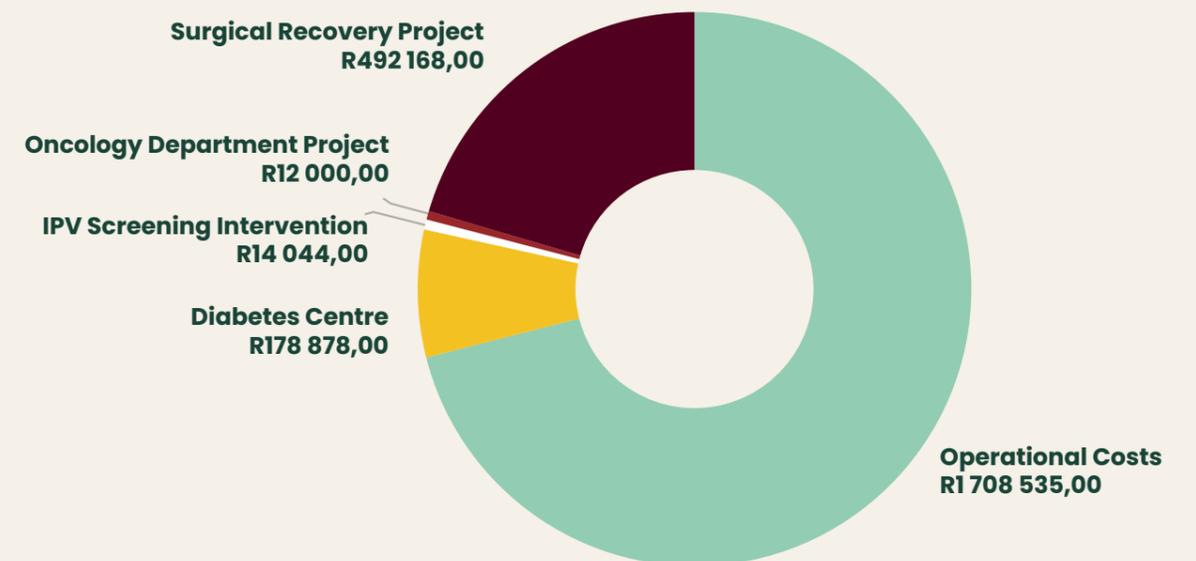
Year One (2021-2022)

[Click here to view the 2022 Annual Financial Statements.](#)



Year Two (2022-2023)

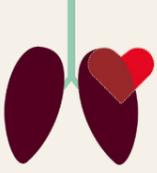
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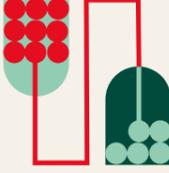
GROOTE SCHUUR HOSPITAL FIRSTS



World Firsts

<p>HEART TRANSPLANT 1967</p> 	<p>LUNG-HEART TRANSPLANT 1971</p> 
<p>VASCULARIZED HUMAN FALLOPIAN TUBE TRANSPLANT 1975</p> 	<p>NON-INVASIVE METHOD OF LOCATING BRAIN TUMOURS 1981</p> 
<p>HIV POSITIVE TO POSITIVE KIDNEY TRANSPLANT 2008</p> 	<p>ULTRASOUND & MAMMOGRAPHY DEVICE 2015</p> 
<p>BRAIN OPERATION THROUGH THE ORBIT OF THE EYE 2017</p> 	

African & SA Firsts

<p>SA PRE-BIRTH BLOOD TRANSFUSION 1965</p> 	<p>TRIPLE HEART VALVE OPERATION 1966</p> 	<p>LIVER TRANSPLANT 1988</p> 	<p>HAND TRANSPLANT 1993</p> 
<p>VALVE & PACEMAKER INSERTION 1967</p> 	<p>BONE MARROW TRANSPLANT 1974</p> 	<p>MULTI-ORGAN TRANSPLANT 1994</p> 	<p>ARV FOR CHILDREN WITH HIV 2002</p> 
<p>NEONATAL THYROID SCREENING PROGRAMME 1981</p> 	<p>HEART-LUNG TRANSPLANT 1995-1999</p> 	<p>INSERTION OF TITANIUM BONE 2004</p> 	<p>SURGERY OF BRAIN USING INTRA-OPERATIVE FLORESCENCE 2013</p> 
<p>IMPLANTED WORLD'S SMALLEST PACEMAKER 2015</p> 			

Public Sector Firsts

<p>PERITONEAL DIALYSIS 1967</p> 	<p>CORNEA TRANSPLANT 1969</p> 
<p>TEST-TUBE BABIES 1986</p> 	<p>PIGGY-BACK HEART TRANSPLANT 1974</p> 
<p>BONE-ANCHORED HEARING AID 2011</p> 	<p>RAPID ARCH TECHNOLOGY 2014</p> 
<p>PREGNANCY CARRIED TO TERM IN A HEART TRANSPLANT PATIENT 2014</p> 	<p>AORTIC VALVE REPLACEMENT 2016</p> 



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To donate

Snapscan



Snap to donate



Bank Transfer

Bank: First National Bank

Branch Code: 210554

Account Name: Groote Schuur Hospital Trust

Account Number: 62889609304

Account Type: Business

Swift Code: FIRNZAJJ

Reference: Name

Online Payment

[gshtrust.co.za/
donate](http://gshtrust.co.za/donate)



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